



SoHi School Counseling Department

Welcome to SoHi!

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Visit 1Stop at www.kpbsd.k12.ak.us , Also visit the Counselor's Corner on SOHI's website (forms, announcements, information)

Don't miss a thing!

Sign up for REMIND.com by texting

SENIORS: @sohi2018 to the number 81010

JUNIORS: @sohi2019 to the number 81010

SOPHOMORES: @sohi2020 to the number 81010

FRESHMEN: @sohi2021 to the number 81010

Important dates:

Tuesday, September 19, 2017 Post-Secondary Planning (Parent info night) 6pm Library

Tuesday, September 26, 2017 Financial Aid Night at SOHI Library 6pm Library

Tuesday, October 10, 2017 FAFSA Completion Workshop #1 6pm Room 24

Tuesday, October 17, 2017 College Fair at Soldotna High School Gym

Wednesday, October 25, 2017 Visit to UAA, APU, ACC, NIT, & Charter College 6am-7pm

November 6-10, 2017 College Application Week

Tuesday, November 14, 2017 FAFSA Completion Workshop #2 6pm Room 24

Ongoing FOL in Counseling Office-colleges, recruiters, professionals



Important Information and Dates to Remember! -Be sure to visit the 1 Stop Student Portal on KPBSD's website.
CHECK YOUR GMAIL (OR FORWARD IT TO YOUR HOME EMAIL), WE WILL BE SENDING INFO!

Quick Test Summary Guide:	FALL	SPRING
Freshman Year:	PSAT (If in Geometry)	State Mandated Testing
Sophomore Year:	PSAT (optional, costs \$18)	State Mandated Testing
Junior Year:	**PSAT (costs \$18)	ACT (at KPC), SAT (at KPC)
	Accuplacer at KPC	Accuplacer at KPC
Senior Year:	Accuplacer at KPC	
	ACT (at KPC), SAT (at KPC)	ACT (at KPC), SAT (at KPC)

**PSAT awards National Merit Scholarship Programs based on a PSAT taken only during the junior year.

ASVAB Career Exploration. A nationally-normed, multi-aptitude test battery that has been provided to high schools and post-secondary schools since 1968. Offered for FREE in Kenai at the National Guard Armory.

PSAT-(the Practice SAT)-Given at SOHI for Juniors planning to go to college. Open also to sophomores and freshman. Scores obtained in your Junior year will be considered for National Merit Scholarship status. For more information, go to www.collegeboard.com/student/testing/psat/about.html

DATE: Wednesday, October 11, 2017. SIGN UP: See Mrs. Marquardt (in front office), pay \$18.00 by Friday, October 6, 2017.

SAT Given throughout the year on various dates at KPC for Juniors and Seniors planning on post-secondary education. SAT includes Evidence based Reading & Writing, and Math, and an optional essay test. May be taken more than once. For more information go to www.collegeboard.com KPC Not testing on all dates, make sure to check the website. 2017-2018 Cost is \$54.50
SOHI's High School Code is: 020131 KPC Test Center Code is: 02250

ACT Given throughout the year on various dates at KPC for Juniors and Seniors planning on post-secondary education. The ACT is a 4-part Reading, English, Math, and Science achievement test with an optional essay. May be taken more than once. 2017-2018 Cost: \$42.50 (no writing) \$58.50 (with writing)
KPC Not testing on all dates, make sure to check the website.
For more information, go to www.act.org
SOHI's High School Code is: 020131 KPC Test Center Code is: 000690

FREE TEST PREP WEBSITES:

www.act.org
www.collegeboard.com
www.khanacademy.org/sat
www.number2.com
www.testu.com
<https://www.prepfactory.com/>

AP Testing. For more information about Advanced Placement testing, go to www.collegeboard.com Tests we offer are: AP Calculus, AP English Literature, AP US History, AP Biology (every other year), AP Chemistry (every other year), AP World History, and AP US Government. Subjects vary each year depending on courses taught. \$93.00 per exam.

Apprenticeship, Vocational, Technical, and Job Information:

www.laborerslocal341.com , www.avtec.labor.state.ak.us , www.jobs.state.ak.us , www.hosting.uss.alaska.edu/ctc
www.ak.agc.org/content/public/Whats_New/iic.inc , <http://www.kpc.alaska.edu/>, www.careeracademy.edu
<http://www.csialaska.org/index.html>, <https://alexsys.labor.state.ak.us>, www.chartercollege.org,
www.wbu.edu/anchorage www.uaa.alaska.edu, www.alaskapacific.edu, www.akbible.edu
www.ThinkApprenticeship.org, www.EarnandLearnAK.org

Career Day at Kenai Peninsula College- This is recommended for all sophomores! Juniors and Seniors may attend on a space available basis. Please join us on this exploratory field trip! You will attend a variety of workshops and explore different occupations and vocations spanning the sciences, arts, business, trades, and technology. Students will attend four 30-minute sessions on the careers of their choice.

DATE: January TBA NO STUDENTS MAY DRIVE, ALL STUDENTS MUST RIDE THE BUS

College Search Information: Find college search information at: www.cappex.com, www.collegeboard.org and www.act.org Year-by-year college planning checklists, college search information, tips for college comparisons, and much more. Also see KPBSD's website in the OneStop portal for "10 Steps to College Admission/How to get a good letter of recommendation www.akcis.org (Log on through PowerSchool. Search for careers, colleges, and scholarships. Create your own portfolio to SAVE your information. For virtual college visits see: ." Also see the links such as www.campustours.com www.campussherpa.com www.ecampustours.com and www.collegeweeklive.com

Career search websites:

www.careervoyages.gov <http://www.whodouwant2b.com/student/pathways> <http://online.onetcenter.org>
<http://online.onetcenter.org> – Overall career information.

www.careervoyages.gov. Hundreds of videos to help explore careers.

<http://www.whodoyouwant2b.com>: Job descriptions, pathways to get there.

www.careerclues.org

Alexys.gov (sponsored by the Alaska department of Labor and workforce development) <http://alexsys.labor.state.ak.us/>

CareerVoyages.gov- Hundreds of videos to help explore careers (US Government site) www.careervoyages.gov

CTV Career Newsletter (commercial) <http://careertv.com>

Road Trip Nation chronicles journeys of self-discovery in a free-spirited, adventurous series that encourages people all across the globe to move outside their comfort zones and explore the world. <http://www.pbs.org/wnet/roadtripnation>

Social Network for the Unemployed (commercial) <http://www.nojobsurvivor.com/njs/>

Handbook for Parents & Educators (middle & Jr high students) (US Dept. of Education

<http://www.ed.gov/pubs/GettingReadyCollegeEarly>

Career Explorations Site (middle through grad school) (non-profit; sponsored by student loan orgs) [http://](http://www.mappingyourfuture.org)

www.mappingyourfuture.org

For high school students--recommend the Road Map exercise US Dept. of Education [http://](http://www.college.gov/wps/portal)

www.college.gov/wps/portal

This I Believe (personal value statements by celebrities and others) <http://www.thisibelieve.org/>

You Know 3.0 (2012 update) http://youtu.be/YmwwrGV_aiE

Did you know 4.0 (2013 update) http://youtu.be/xq6_-mM0QeI

CareerBuilder (Monkey Video) <http://youtu.be/qIPyDVcCvTQ>

Annual College and Career Fair in the Soldotna High School Gym-Juniors and Seniors are strongly encouraged to attend. Sophomores may attend on a space available basis. Representatives from over 40 colleges will be available to answer questions and provide information. DATE: October 17, 2017 TIME: 10:00am to 1:00pm.

Post Secondary Planning Night (AKA Senior Night)- Come find out about College search resources, timelines for juniors and seniors, an overview of federal and state financial aid programs, funding for postsecondary education goals, loans, and more! DATE: Tuesday, September 19, 2017 at 6pm in the Soldotna High School Library

Financial Aid Night – Come find out about FAFSA, other types of financial aid, grants, loans, and Scholarships. Tuesday, September 26, 2017. 6PM at SOHI Library

FAFSA Completion Workshops – Need help on the FAFSA? Bring your 2015 Tax info. Experts will be present to help you complete the FAFSA.

Tuesday, October 10, 2017 at 6pm in room 24

Tuesday, November 14, 2017 at 6pm in room 24

ANCHORAGE October College and Career Fair Juniors and Seniors are encouraged to attend, no travel provided by KPBSD. For more information see: <http://www.uaa.alaska.edu/eoc/collegeandcareerfair/index.cfm>

College, Military, and Vocational Career Presentations: See your gmail from Mrs. Treider in the Counseling Office to find out which schools, recruiters, and training programs will visit. Sign up through FOL or with Mrs. Treider! See the morning announcements!

Jumpstart. KPC offers high school juniors and seniors the opportunity to take 6 credits of college classes for only \$58.00 per credit (instead of \$183 per credit). Students must have current Accuplacer scores (Accuplacer administered at KPC). For more information or to schedule an exam time, call the Learning Center at 262-0327 or 235-7743 or visit:

<http://www.kpc.alaska.edu/KRC/>

ATHLETES! NCAA: www.ncaaclearinghouse.net. To obtain eligibility for college sports participation with NCAA, you must create an account online and request a transcript from Mrs. Treider. Take note of new NCAA credit requirements!!!!

Other levels of collegiate sports: <http://www.naia.org/> and <http://www.ncaa.org/>

Scholarship, Financial Aid, Etc... www.HighFiveScholarships.com, www.fastweb.com www.petersons.com www.freschinfo.com www.finaid.org www.cappex.com www.brokescholar.com www.edfund.org www.alaskaadvantage.state.ak.us www.fafsa.ed.gov www.scholarships.com www.bigfuture.org www.chegg.com www.nerscholar.com www.scholarships360.org and don't forget good old GOOGLE!!! For www.akcis.org (Log with your own username or as username: sohi and the password: 4akcis) You can search for careers, colleges, and scholarships. Also, go to KPBSD's website in the **OneStop** Student Portal for information on scholarships and upcoming events. Mrs. Treider updates a list which is sent out frequently via Gmail and there are pockets on the wall in the Counseling office. Help yourself!

Alaska Performance Scholarship. This merit-based and can be used for schools in Alaska. For more information, go to: http://akadvantage.alaska.gov/Grants_and_Scholarships/Alaska_Performance_Scholarship.aspx

UA Scholars Program. The UA Scholars Award is a \$12,000 scholarship for the University of Alaska (1,500.00 per semester for 8 semesters over a period of 5 years). Students eligible for the Award are designated by their high school based on their academic standing at the end of their junior year. We award this to the top 10% of juniors, based on GPA ranking. For more information, visit: <http://www.alaska.edu/scholars/>

WUE (Western Undergraduate Exchange Scholarships) www.wiche.edu These scholarships give students in western states reduced tuition. (In state tuition + 50% in some cases). See individual university requirements ranging from 2.5 to 3.8 GPA with or without SAT and ACT scores. This can save you up to \$5,000 to \$8,000 a year!

Counseling Department Calendar of Events 2017-2018

Fall 2017

August

Aug 9 New Student Registration
Aug 10 Senior Registration and Senior time with the Counselors 8-10am
Aug 11 Junior Registration
Aug 14 Sophomore Registration
Aug 18 Late Registration and Senior time with the Counselors 10-noon
New student appointments all month
Jumpstart late registration
Add/drops through August 28th

September

Sept 18/19/25/26 Language Arts 12 classes – Scholarship Portfolio Personal Statement Essay
Sept 15th District-wide Counseling meeting
Sept 19th Postsecondary Planning Night 6pm SOHI Library
Sept 26th Financial Aid Night 6pm SOHI Library
Classroom visits 11th and 10th (PSAT/ACT/SAT, college visits, credits, scholarships)
Individual Senior meetings (credit checks, 2nd semester planning)

October

Oct 1st FAFSA Open
Oct 2nd/3rd Language Arts 12 classes – Scholarship Portfolio Personal Statement Essay
Oct 10th FAFSA Completion workshop #1 at 6pm at SOHI in room 24
Oct 17th College & Career Fair at SOHI
Oct 11th PSAT in the SOHI Auditorium at 7:40am
Oct 25th Field trip to UAA/APU/ACC/NIT/Charter College 6am-7pm
Oct 26th Parent Teacher Conferences
KPC Career Day Field Trip (date TBA)
Individual Senior meetings (credit checks, 2nd semester planning, post-secondary planning)

November

Nov 3rd District-wide Counseling meeting
Nov 6th-10th College Application Week (UAA and KPC are here Nov 7th and 8th)
Nov 14th FAFSA Completion workshop #2 at 6pm at SOHI in room 24
Nov 28th Accuplacer 9am at SOHI in room 24
Individual Senior meetings (credit checks, 2nd semester planning, post-secondary planning)

December

Scholarship Workshops during FOL
Individual Senior meetings (credit checks, 2nd semester planning, post-secondary planning)

Counseling Department Calendar of Events 2017-2018

Spring 2018

January

Jan 10th/17th/31st PSAT Interpretation meeting during FOL
Jan 22-30 Language Arts 10 and 11 AKCIS & PLCP Career Unit in Language Arts classrooms
Jan 26th District-wide Counseling meeting
New student appointments all month
Jumpstart late registration
Scholarship Workshops during FOL
KPC Career Day Field Trip Date TBA

February

Feb 5-9 Registration information distribution in History classrooms
Feb 8th Parent Teacher Conferences
Individual meetings with 10th for Scheduling and Postsecondary planning
Scholarship Workshops during FOL
Start Teenage Grief Group (TAG) via Hospice
In-House Scholarships DUE (Spirit of SOHI, Kenny Carver, Tesoro)

March

March 1st Visit SoPrep for registration information distribution in English classrooms
10th and 11th Scheduling and Postsecondary individual planning meetings
Individual meetings with 11th for Scheduling and Postsecondary planning
Finish Teenage Grief Group (TAG) via Hospice
In-House Scholarship Judging (Spirit of SOHI, Kenny Carver, Tesoro)
March 30th Get Real Financial Reality Fair for Seniors 8:30-10:30am in the SOHI Commons

April

April 6th District-wide Counseling meeting
April 27-29 Master Schedule Build Workshop
Continue 10th and 11th Scheduling and Postsecondary individual planning meetings
Construction Career Day
AVTEC visit

May

May 2nd Postsecondary Planning Night
May 7th AP Chemistry test
May 9th AP Literature & Composition test
May 10th AP US Government & Politics test
May 14th AP Biology test
May 15th AP Calculus test
May 17th AP World History test
Finish 10th and 11th Scheduling and Postsecondary planning individual meetings
Summer School Registration



Soldotna High Counseling Department

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